

ZENITH VOLLEYBALL ACADEMY

Last Academy for the 08-09 School Year!

That's right, our last Academy until late August. So, don't hesitate, get enrolled now for the Spring Session. This Academy will only have 5 training sessions due to Spring Break, Easter, and Memorial Day Holidays! Not to fret, we will be offering a 3-4 day summer camp June 7-11 and early July!

Our fourth iteration, Zenith will continue to focus on high level skill instruction. We guarantee each athlete will leave our academy better than when they started. Our courses will be held over six Sundays at Dublin Jerome High School. Each course includes a t-shirt & a 1 ½ hour weekly skills session.

Each week we will continue to offer superior volleyball skill instruction. The basic skills will be incorporated in every session and a new skill will be emphasized each lesson.

Our instructors are college coaches and high level college players. They will teach with the same expectation and high standard of the Zenith Volleyball Academy. In order to personalize the instruction and give critical feedback as the skill is performed, the Instructor to Athlete ratio will not exceed 1:10. As always, the curriculum is entirely written and overseen by Steven Hinds.

Coach Hinds is currently an assistant for the Capital University Women's Volleyball Program. He has previously held positions as head coach at Benedictine College, Eastfield College, Western Oregon University and Cedar Valley College (Dallas, TX) as well as, leading the National All-Armed Forces Women's Volleyball team. One of his biggest accomplishments came at Cedar Valley College where Coach Hinds lead his team to the 2003 NJCAA National Championship.

This session is Sundays, April 5 thru May 17, 2009. NO SESSIONS Apr 12&May 3

Zenith Volleyball Academy Skill Development Course Sign-up

Name _____ Phone _____ Club _____

Address _____

Email _____ Age _____ Grade _____

Are you new to Zenith? Y N T-shirt size: YS YM YL S M L XL

Cost: \$110 per five week course:

- Boys 3rd – 8th grade (2:30p – 4p) Session Dates: 4/5/, 4/19, 4/26, 5/10, 5/17 (NO 4/17, 5/3)
- Girls 7th – 9th grade (11:30a-1p)
- Girls 3rd – 6th grade (1p-2:30p)
- Girls 10th – 12th grade (2:30p – 4p)

Make Checks payable: **Zenith Volleyball Academy**

** Bring this form on the first session of course.

To reserve your spot, contact Coach Hinds directly

Questions? Email asnms@yaho.com or call 614-361-3315 for more information